News from the Field



Volume 3, Issue 9- Sept 2014

Fairfield Hospital

Message From The GM

School visits continue to play a big part in my community engagement process - along with Robyn El-Khair our Community Participation Manager and John Brotherhood – Ambulance NSW we travel to local schools to inform them of many things regarding their Hospital. We talk about careers in health (locally), other options than ED if you or your Family become unwell, the different uses of the Ambulance service and not just transport to Hospital and of course the assistance the Hospital receives if people decide to use their Private Health Insurance when coming to Hospital and the benefits they derive from that process. It has been a very rewarding experience talking to the kids, but also meeting and talking with parents at the school councils and P&C meetings. The most interesting

Was to a local evening school council and speaking to over hundred parents with 5 different interpreters and languages in use. If you have ever had the experience of trying remain on your topic of talk, stopping at correct intervals to allow the interpreters to do their bit and then recommence where you left off—it certainly makes you think and concentrate!!

Well, we have had our first onsite Master Planning session for the redevelopment of Fairfield Hospital with Capital Insight coming and giving a brief overview as to what the process of engagement and work will be over the next few months. I have now asked Sandra
Lombardini to coordinate the
next User Group meeting with
the Service Managers where
they will be given the blue
print of Clinician User Group
development and what
direction the Models of Care
need to be developed. It is
refreshing to see that Models of
Care are driving this Master
Plan with the design and
building component to meet
the needs of the Models rather
than the other way around.

I'm having a short 10 day break from Friday 3/10 and back Wednesday 15/10—I have a visit back to Alice Springs planned to catch up with friends—looking forward to it

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Multicultural Health Week

Multicultural Health Week 2014 – Celebrating Healthy Workers! Fairfield Hospital together

with The Multicultural Health Service had the launch on Monday 1/09/2014 in the Hospital Main Foyer. This year the theme was "Healthy Workers are Happy Workers"- The aim of the week was to encourage all workers to Be Active at Work, Eat healthy at Work and Be Smoke

free at Work. The day was proudly sponsored by BUPA.



Activities on the day included * Health Information Stalls, * Health checks by the Physiotherapy Department, * BUPA cooking demonstrations, * A Healthy Lunch Box Competition.

The winners of our Healthy Lunch Box Competition was Jose Cabello – Manager Dietetics and Jan Connor –



Switch.

BUPA also kindly donated drinking bottles to all Fairfield Staff as part of the day celebrations.



Occupational Therapy Week

Occupational Therapy Week this year is 19-25 October 2014.

The Theme for Occupational Therapy Week this year is:

Occupational Therapy: Reach Your pOTential!

A display will be in the foyer of the hospital introducing your Fairfield Hospital Occupational Therapy team and more information will follow in the coming weeks regarding the activities for the week,

Occupational Therapy looks forward to celebrating this week with the support of colleagues at Fairfield Hospital.

Christine Colusso-Craig
A/HOD Occupational Therapy

Dementia Week

Currently, there are more than 332,000 Australians, living with Dementia. Without a medical breakthrough this number is expected to increase to 900,000 by 2050. It is estimated by 2050 more than three million Australians will die from Dementia.

IS IT ANY WONDER THAT IT IS THE MOST FEARED DISEASE AMONG OLDER AUSTRALIANS?

This rapid increase at the present time and in the future will significantly impact on Australia's Health Care Systems as well as its communities.

As part of Dementia Awareness Week month, we at Fairfield are aiming for a Dementia-Friendly communities and Dementia Friendly Hospitals and will challenge this stigma. An information stall was held on Thursday 18 September in the front foyer of the Hospital to promote a wider and broader awareness about Dementia.



WoH Project Update — Companies and costs are being sourced for Electronic Patient Journey Boards.

Initiatives for the WoH project are in the final stages of completion . Staff participation and feedback has been overwhelming! Well done and Thank you

The focus will now shift to other initiatives in Emergency and Patient flow.

Community Participation

The Fairfield Community Participation Network this month elected two new delegates — Carmen Lazar (Chair Fairfield Network) and Charles Gream to attend the District Community& Consumer Council. A big thank you to Derek and Christine Corney who have done a fantastic job over the past couple of years. Charles Gream also sat on the OPtimising HEath Literacy (Ophelia) Panel as a Consumer Representative at the presentation that took place on Monday 08 September 2014 at Liverpool Hospital.

All the networks around the District are looking forward to attending the Consumer Participation Annual Conference on 17 October 2014 at the Campbelltown Catholic Club.

Stroke Week

A Consumer Participation Education session (Tea for Two) was held in Ward 1A for Stroke Week on Wednesday 10 September 2014. Members of the community were encouraged to attend with a friend to learn and enjoy an afternoon tea proudly sponsored by Boehringer-Ingelheim. Members of the community that attended were very impressed by the handouts provided on the day about Stroke Prevention and Stroke Management. They were also surprised by the amount of Health Professionals involved with a stroke patient.





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South Western Sydney Local Health District Quality Award

Congratulations! To Marisa
Mottola from the Fairfield
Multicultural Health Services for
winning her quality award under
the category: Excellence in
Provision of Non Clinical Support
Services. "Engagement through
Music- The Spanish Speaking
Choir Project".

The project was initiated in response to the health issues reported by Spanish Speaking Seniors (SSS) attending support groups at STARTTS (Service for the Treatment and Rehabilitation of Torture and Trauma Survivors) and Liverpool Multicultural Health Services. It's now open to all seniors in the Spanish speaking community and 61 participants have been enrolled.

In 2011 Fairfield Multicultural Health formed a partnership with STARTTS and Opera Australia to deliver the Spanish Speaking Choir. The project aimed to improve the wellbeing of participants by providing opportunities outside an Institutional setting to increase access mainstream services. It was developed in response to research that suggested that involvement in musical activities is linked to emotion, cognition and memory, with the potential for individuals to work in a non-competitive and non-threatening researchers and volunteers. (William (1996) The Choir provides a space for Spanish Speaking Seniors to engage weekly with a wider section of the community; health & mental health workers, students, musicians, researchers and volunteers. Over time, the facilitator's role has become more a support role as the group continues to evolve and become more self

-sufficient and aware of their goals,

directions and independent actions. The

independence has also been reflected in

observations that members have become

more able to take ownership of their own

health, the health of others around and





Grand Rounds

Grand Rounds on Wednesday 3 September 2014 was presented by: Critical Care Services on the topic: "*Shock, Septic Shock*" by Dr. Jyotsna Dwivedi, Intensive Care Specialist.

Grand Rounds on Wednesday 17 August 2014 was presented by Allied Health–Aboriginal Liaison on the topic of: "Aboriginal Liaison Officer role, Working with the Triple I Hub/Medicare Local and Chronic Care Patients" by the Sharon Brown, Aboriginal Liaison Officer.

Fairfield Child & Family Nursing

Child & Family Health Nursing recently celebrated 100 years of service in the community.

Following the birth of a baby in the Fairfield Local Government area, Child & Family nurses visit families and provide parenting support and well child screening at clinics for children up to 5 years of age.

As part of our celebrations Fairfield Child & Family Nursing spent a morning at Cabramatta Library joining the story time session.

A display of the history of the service dating back to 1914 up to present day showed the changes that have occurred within the service.

A special thank you to the staff at

Cabramatta Library for their warm welcome and support.





Staff Appointments

PAS Officer - Job Sharing Arrangements

Careva Tomic (PAS Officer) returned back from Maternity Leave on Monday 22 September 2014. Careva will be working in a job sharing arrangement with Jacqui-Ann Woods (Acting PAS Officer) over a 6 month period. Please note their working days: Cereva Tomic—Monday—Wednesday Jacqui-Ann Woods—Thursday—Friday For any PAS assistance required, Careva and Jacqui-Ann can be contacted on 9 616 8282.

Secondment-Fire, Safety & Security Manager

Mr Robert Maxfield has been seconded into the role of Fire, Safety & Security Manager, Fairfield Hospital. The secondment will be for a period of twelve (12) weeks. He commenced the role on Tuesday 23 September 2014.

Mr. Maxfield's contact details are:

Phone: 9616 8896

Email: Robert.maxfield@sswhas.nsw.gov.au Fairfield Hospital would like to extend its appreciation to Mr Ned Veljovic for his contribution as the Fire, Safety & Security Manager and wish him all the best for his secondment to Liverpool Hospital.

Congratulations to Wayne

Philips — Clinical Nurse Consultant, Paediatrics, Fairfield Hospital on recently receiving an award from the Lions Club of Fairfield at their local luncheon for "Appreciation of invaluable service and cooperation". The award was for the money raised for the nursery

humidcribs.



The Ibis Styles
Sydney Lansvale
in collaboration
with the Lions
Club of
Cabramatta/Cabra
-Vale is proud to
support a
fundraising dinner
on the 31 October
2014 at the Milano
Restaurant in Ibis
Styles Hotel
Lansvale. The
event is for



fundraising for the Head and Neck Cancer Research being undertaken at the Cancer Therapy Centre at



Staff Recognition Awards

Fairfield Hospital strives for excellence in the delivery of patient care and has a strong focus on performance whilst achieving excellence. Fairfield Hospital takes pride in the high level of customer service and significant contribution by its employees.

Nominations for 2014 are now open for the following Staff Recognition Awards Categories:

- * Most Outstanding Team of the Year Award
- * Most Outstanding individual of the year Award
- * Outstanding Customer Service of the Year Award
- * Divisional Awards
- * Most Outstanding Manager of the Year Award
- * Most Outstanding Executive of the Year Award

Winners will be announced on Wednesday 12 November 2014 during an International lunch.

Staff members are all encouraged to nominate individuals and teams for the various categories before the close date of Wednesday 08/10/2014. Nominations are to be forwarded to Joseph Pineda, Human Resources Manager (9616 8120)